

## **RETURN-TO-PLAY PROTOCOLS**

### **General Information**

Registration (Including payment) will take place at the curling Club from Monday, November 23rd, to Friday, November 29th. between 7 and 8 PM.

The season will start with Draw 1 on Monday, January 4, 2021.

All players must bring their own brooms, grippers and stabilizers. **NO** club equipment will be made available for use at this time.

Lockers are available on first come, first serve basis. **NO** sharing of lockers during stage 3.

All ice and lounge rentals have been suspended until further notice.

All in-house and invitational bonspiels are suspended until further notice.

The Guidelines outlined below have been adopted from those prepared by the Ontario Curling Association, the Southwestern Public Health Authority, the Board of Directors of the Tillsonburg Curling Club, and are based on Tillsonburg being in Stage 3 of COVID-19.

Please bear in mind that all of this is subject to change as a consequence of the introduction of new health and safety guidelines or restrictions imposed by the Province of Ontario or the Southwestern Public Health Authorities.

Players are encouraged to wear masks at all times while in the building. They must wear masks entering and exiting the building and while moving around in the Lounge and Bar area. Masks are not required (optional) while you are seated at the tables.

Players are encouraged to wear masks while on the ice and may remove them while engaging in sweeping or delivering a rock.

All members must sign a Declaration of Compliance (COVID-19) and a Release of Liability Waiver (Risk) absolving the Tillsonburg Curling Club & Board of any liability related to injury and COVID-19.

## **Member Illness**

Ontario's Public Health officials advise that people of any age with chronic medical conditions, including : Lung disease, heart disease, high blood pressure, diabetes, kidney disease, liver disease, cerebrovascular disease (e.g., past stroke) who are immune-compromised, including those with an underlying medical condition (e.g., cancer) or taking immune weakening medications (e.g., chemotherapy) are at a greater risk.

TCC is adopting a ZERO tolerance policy for “playing while sick” to ensure that members do not participate if they are symptomatic. Signs will be posted saying that members should not come into the building if:

- They don't feel well or are displaying symptoms of COVID-19
- Someone in their household had COVID-19 or is showing symptoms of COVID-19
- They have traveled outside of Canada within the last 14 days
- Someone in their household has traveled outside of Canada within the last 14 days

Members who feel ill should self-isolate and monitor their symptoms daily, report respiratory illness and not return to activity for a least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

In the event of a suspected case of Covid-19 or outbreak of influenza-like illness, the league convenor will notify the Board immediately and the Board member will report and discuss the suspected outbreak with the Medical Health Officer

Members are encouraged to practice good hygiene.

- Keep your hands clean.
- Avoid touching your eyes, nose and mouth
- Cough or sneeze into the bend of your arm

## **Cleaning and Sanitization**

A full building cleaning will be done prior to start up.

Cleaning and sanitizing the washrooms, common areas and the lounge will be done between games.

The rocks will be sanitized before (or after) each game

Sanitation stations will be set up at the following locations:

- Front and Side Doors
- At both doors entering onto the ice surface

Only the Ice Staff are permitted to touch the ice maintenance equipment (scraper, hand scrapers, pebbling cans, brooms, mops and garbage cans).

## **Bar and Lounge Area**

The Lounge and Bar Area will have 4 tables set at a minimum of 2 meters apart with only 4 chairs per table.

Only 4 players can sit at one table. Once seated, players will not be able to get up and move to another table.

You may buy your opponent a drink but only handle your own. Returning directly to your chair after your purchase.

Drinks can be purchased using debit or credit only.

**NO** alcohol sales after 11 PM (New)

Food cannot be shared.

There will be only one bartender who will be working behind a plexiglass screen.

A two-meter floor marking will be evident to ensure social distancing in the line up to the bar.

## **Entering and Leaving the Club**

All members will enter through the front (main) entrance. League Convenors will enter through the side door and open the main door for the members.

After entering, members can either proceed directly to the locker rooms or one of the chairs in the lounge or bar area. After changing, members must proceed to the chairs in the lounge or bar area.

All members will exit through the side door. The convenors will sanitize the front and side doors before leaving the club.

## **Convenors Duties**

Assign the teams and post the team sheets

Pick which team has hammer and rock colour prior to the start of each game

## **Scoring**

The score boards at the end of each sheet will not be in use at this time.

One person from each sheet will be responsible for keeping both teams scores and recording the end score on the master team sheets.

## **Playing the Game**

All players will enter the ice surface from the left door, and proceed directly to their respective sheet.

Instead of a handshake, give a friendly wave or tap the brooms at the start and end of the game.

Players should maintain social distancing when moving up and down the ice.

Players should only touch their own rocks during the game. In the event, that teams rotate positions during the game (ie. Seniors League), the rocks will have to be sanitized after every two ends (when rotation takes place).

When measuring: remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands, before continuing to play.

## **Players Positions**

- Skips - Delivering Team - has control of the house
  - cannot sweep any teams rocks at any time
- Non-Delivering Team - Stand on the backboards, or no closer than the hack
  - Cannot sweep any teams rocks at any time
  - Gains control of house once all rocks come to rest.
- Sweepers - Delivering Team - One player only to sweep rock
  - Player doing the sweeping, stands at hog line on right side of the sheet
  - Players should take turns sweeping every other rock
  - Non sweeper stand at hog line on left side of sheet
  - Players cannot sweep oppositions rocks at anytime
- Non-Delivering Team - Both sweepers stand on left side of sheet at midway
- Thrower - Delivering Team - In the hack, ready to play
  - After throwing stone, proceed to right side of sheet and proceed to backboards to await their next throw
  - After second shot thrown, proceed to sweeper positions
- Non-Delivering Team - Stand on the backboard to await turn
  - Once the opposition has delivered their stone, move into the hack and be ready to play

**The Board plans to hold an information session with each league prior to the start of this years' season.**

The Board intends to keep the club membership informed and updated with any changes that may occur while we are under COVID-19 restrictions.

